

Polly Hart LCSW, BCD

Curriculum Vitae

SUMMARY: A career of 35 years in family psychiatry focused on work with parents, kids, couples, individual adults, groups, and schools within a larger professional context which emphasized education: professional training, supervision, consultation, and teaching. Three years of administrative and five years of legislative work on both public policy and professional issues.

- **Clinical:** Practiced a pragmatic, problem-solving approach combining evaluation, education, support of behavior change, appropriate use of medication, and use of community resources to resolve stated difficulties. Focus on families; extensive use of groups. Collaborated with psychiatric colleagues for symptom management. Settings included inpatient and outpatient in both public and private domains; the court when required to provide case-related expert testimony or contracted evaluations
- **Administrative:** Directed a 26 bed children's unit (Briarcliff Children's Center) within a state of Georgia psychiatric facility—Georgia Mental Health Institute. (GMHI) Coordinated clinical care with unit Medical Director; responsible for programming with nursing supervisor, school director, and evening program coordinator; provided liaison for unit with UGASSW & GMHI Department of Social Work for placement/supervision of graduate students from the University of Georgia, Smith College, and Clarke—Atlanta, and Emory University Medical School Dept. of Psychiatry for placement of Child Fellows and Residents; participated in Statewide planning with the State of Georgia Department of Human Resources. Successfully directed unit through JCAH accreditation.
- **Legislative Work:** Served on joint National Association of Social Workers, Georgia Chapter/Georgia Society for Clinical Social Work committee for professional licensing.. Received President's Award (NASW) for successful completion of statewide licensing for all Masters level mental health practitioners. Legislative Chair, Georgia Society for Clinical Social Work (1990-1995) Coordinated lobbying efforts with governmental affairs specialist working on mental health budget appropriations and family related public policy.

Summer, 2005. Appointed by the Georgia Society for Clinical Social Work to a National Task Force For National Licensing sponsored by the Clinical Social Work Federation; assigned exploration of the scope of practice of the Bachelor of Social Work.

- **Teaching:** Fall 2005 – Fall 2007. Appointed Adjunct Faculty, University of Georgia Graduate School of Social Work. Provided Faculty Liaison services to students in Field Placements throughout Northwest Georgia. As Instructor, taught basic curriculum courses as assigned.

- **Consultation:** Provided consultation to school administrators regarding alcohol and drug policies; advised policy revisions regarding maintaining students with mental health problems.
- **Training/Education:** Co-chaired Southeast regional program for mental health practitioners through the Psychotherapy Guild related to changes in mental health service delivery under managed care systems. Organized day-long faculty mental health educational program for private school addressing adolescent and adult developmental issues and challenges of student body diversity. Presented teen drug education program to high school parents. Organized presentation to general public on attention deficit hyperactivity disorder. Provided program for mental health professional staff, DeKalb County School System on teens at risk for suicide. Guest lectured at UGA School of Social Work & Oglethorpe Univ. on biological substrates of human behavior. Presented wide variety of “workshops,” throughout career.
- **Supervision:** Teach a structured clinical curriculum (Case-Centered Clinical Learning) providing both didactic material and supervision to Masters level practitioners working for licensure. Began supervising from the 70's, off and on to the present—both group and individual.

EMPLOYMENT HISTORY:

June 1969 – July 1971 New Orleans, LA	DePaul Community Mental Health	Clinical Social Worker
October 1971 – May 1973 Atlanta, GA	Ga. Mental Health Institute Adoles. Unit	Clinical Social Worker
May 1974 – February 1977 Atlanta, GA	Briarcliff Children's Center, GMHI	Clinical Social Worker
February 1977 to February 1980 Atlanta, GA	Briarcliff Children's Center, GMHI	Director
February 1980 to Present Dunwoody, GA	Atlanta Area Family Psychiatry	Priv. Practice

As Independent Contractor: Contract (School Year 2003 through summer 2004) 1 day weekly for Forsyth County School System and Forsyth County Juvenile Court through the Forsyth Board of Commissioners. Mental health/substance abuse evaluation & treatment; program development consultation.

Fall '05 through Fall '07 Adjunct Faculty University of Georgia School of Social Work
Two Courses: Foundations & Field Liaison

EDUCATION:

- 1963 (Fall) Louisiana State University
- 1964 to 1967 Centenary College Shreveport, LA
Bachelor of Arts. Religion and Philosophy
Magna Cum Laude Four year full scholarship.
- 1967 to 1969 Tulane University School of Social Work New Orleans
Master of Social Work NIMH Full scholarship and stipend.
- 1978-1979 Part-time. Ga. State University. Additional Coursework:
Chemistry; Biology; Math in a pre-med curriculum.

PRESENTATIONS/PUBLICATIONS: (Professional)

- "The Changing Biological Perspective"** Paper delivered at the 1990 National Federation of Societies for Clinical Social Work Annual Convention. Chicago, IL.
- "Nature vs. Nurture"**. August, 1994 in **Insight**, a Publication of Ridgeview Institute. Atlanta, GA
- Peace and Presence:** Translating the Japanese Tea Ceremony
Presentation for professional group of women therapists
October, 2000 based on unpublished monograph covering essential elements of history, philosophy and practice.
- "The Big Picture and Some Small Stuff"** in **What Works With Children** S. & M. Duke, eds. Peachtree Press. 2000.
- "When & Why To Say No"** Young Women's Health Summit. Emory University Regional Training Center. June, 2003.
- "Supervision in a World of Virtual Help"** NASW-GA Annual Conference October, 2003.
- "Prozac, Dental Cavities, and Knockout Mice": Other Ways of Viewing Human Behavior.** April, 2005. North Georgia Chapter, Marriage & Family Therapists

FOR FUN:

- "Taking a Trip on a Tall Ship" in Lakeside, May 1997
- "Autumn Two-Step" in O Georgia: A Collection by New Writers in Georgia
April, 2002

Currently working on book for beginning Master's students/practitioners and another for the general public about understanding mental health